



# PrimoSports

"Your Multi-Sports Center"

## Lacrosse Goalkeeper Training

*Improve your lacrosse skills with Coach Sean Mulholland – Owner & Director of Lone Wolf Lacrosse. Coach Sean has over 30 years of playing and coaching experience. He was rookie of the year at Pace University in 1993 and received all American honors in 1996.*

**Ages 9-13**- This class will help teach the basic successful fundamentals that are essential to becoming a goalkeeper. The class will review proper stance and form as well as proper communication and running the clear. The class will end with a fun goalie scrimmage.

\*equipment needed: Helmet, Chest Protector, Gloves, Cup and Stick)

### Winter Session 1

Saturdays – January 14, 28, February 11 & 18

### Winter Session 2

Saturdays – February 25, March 10, 17, & 24



**Ages**  
9-13

**Times**  
7:00-8:00pm

**Price**  
\$80 per 4 wk. session

Entry will be confirmed once payment has been accepted. Cash, check and all major credit cards accepted.

PrimoSports P.O. Box 242 State Route 17A Florida, NY 10921 Phone: 845.651.0440 Fax: 845.651.0445 [www.primosports.net](http://www.primosports.net)

### PrimoSports Lacrosse Goalkeeping Registration

Childs Name \_\_\_\_\_ Phone \_\_\_\_\_ DOB \_\_\_\_\_ AGE \_\_\_\_\_

Parents Name \_\_\_\_\_ Emergency Contact \_\_\_\_\_

E-mail \_\_\_\_\_ Session & age group \_\_\_\_\_

Address \_\_\_\_\_

Street

City

State

Zip