

PrimoSports

"Your Multi-Sports Center"

Advanced Soccer Skills with Coach Jim

Director of Soccer – Jim Lagarde (Instructor)

Trevor Elmo (Alternate Instructor)

Description

This program is for any player looking to get to the next level! This class will include advanced speed & conditioning, technical circuit workout, small sided games & exercises to put the player under severe pressure to enhance aggression, first touch, speed of play and movement off the ball.



Drop in Clinic

December 17
10:00-11:00am
\$10 per player

Winter 1

Saturdays – January 7, 14, & 28 (3 wks)

Winter 2

Saturdays – February 4, 11, & 25 (3 wks)

Winter 3

Saturdays – March 3, 10, 24, & 31

Ages: 10-14 **Time:** 10:00-11:00am **Price:** \$52.50 (3 wks) / \$70 (4 wks)

Entry will be confirmed once payment has been accepted. Cash, check and all major credit cards accepted.

PrimoSports P.O. Box 242, State Route 17A Florida, NY 10921 Phone: 845.651.0440 Fax: 845.651.0445 www.primosports.net

PrimoSports Advanced Soccer Class Registration

Childs Name _____ Phone _____ DOB _____ AGE _____

Parents Name _____ Emergency Contact _____

E-mail _____ (Please circle) 12/10 Clinic 12/17 Clinic Session: _____

Address _____

Street

City

State

Zip

Sales Associate _____