

# PrimoSports

"Your Multi-Sports Center"



## Football Skills Classes

Demetric Gardner - Director of Football

This Youth Football Program is designed to prevent injury, increase speed and agility, while increasing the overall core strength of the athlete. Each class is designed to end with technical skill set drills and FUN activities to introduce and/or maintain excellence on the Football field.



**Youth Ages 11 & under**  
**Saturdays- 4:00-5:15**  
**Session 1- February 20, 27 March 6, 20, 27 & April 10**

**Youth Ages 12 & up**  
**Saturdays- 5:30-6:45**  
**Session 1- February 20, 27 March 6, 20, 27 & April 10**

**Special 4 Week price for 6 Week Class- ONLY \$60**

Entry will be confirmed once payment has been accepted. Cash, check and all major credit cards accepted.

PrimoSports 472 Route 17A Florida, NY 10921 Phone: 845.651.0440 Fax: 845.651.0445 [www.primosports.net](http://www.primosports.net)

**PrimoSports Football Skills Clinic Registration**

Childs Name \_\_\_\_\_ Phone \_\_\_\_\_ DOB \_\_\_\_\_ AGE \_\_\_\_\_

Parents Name \_\_\_\_\_ Emergency Contact \_\_\_\_\_

E-mail \_\_\_\_\_

Address \_\_\_\_\_

Street City Zip

Session \_\_\_\_\_ Age group- 11 & under 12 & over