

PrimoSports

"Your Multi-Sports Center"



Football Skills Classes

Demetric Gardner – Football Head Coach

This Youth Football Program is designed to prevent injury, increase speed and agility, while increasing the overall core strength of the athlete. Each class is designed to end with technical skill set drills and FUN activities to introduce and/or maintain excellence on the Football field.

Youth Ages 11 & under

Saturdays- 4:00-5:15

Session 2- April 17, 24, May 1 & 8

Session 3- May 15, 22, June 5 & 12

Session 4 – June 19, 26, July 10 & 17

Youth Ages 12 & up

Saturdays- 5:30-6:45

Session 2- April 17, 24, May 1 & 8

Session 3- May 15, 22, June 5 & 12

Session 4 – June 19, 26, July 10 & 17

Your investment is only \$60 per session or \$105 for two

Entry will be confirmed once payment has been accepted. Cash, check and all major credit cards accepted.

PrimoSports 472 Route 17A Florida, NY 10921 Phone: 845.651.0440 Fax: 845.651.0445 www.primosports.net

PrimoSports Football Skills Clinic Registration

Childs Name _____ Phone _____ DOB _____ AGE _____

Parents Name _____ Emergency Contact _____

E-mail _____

Address _____

Street

City

Zip

Session _____

Age group- 11 & under 12 & over