



PrimoSports

"Your Multi-Sports Center"

Basketball - Shooting Class

Mike Hoyt – Basketball Instructor

- A simple and powerful way to learn shooting!
- How to get Accuracy, Consistency & Repeatability -- the components of Great Shooting!
 - A simple approach to free throws -- "The Swish Free Throw!"
 - Shooting off the dribble and using picks & screens
 - How to coach yourself! (... a "Master" in training!)
 - How to overcome pressure - the physical secrets!
 - A checklist to return to when your shooting is off!
 - Personal attention to correct form & technique

Spring Sessions

Spring 3 – Saturdays, June 12, 19, 26 & July 3

Summer Sessions

Summer 1 – Mondays, July 5, 12, 19 & 26

Summer 2 – Mondays, August 2, 9, 16 & 23

Times

5:00-6:00pm (Saturday)

7:00-8:30pm (Mondays) - Summer

Ages

Ages 12+

Only \$75 for a 4 wk. Session (Summer)

Entry will be confirmed once payment has been accepted. Cash, check and all major credit cards accepted.

PrimoSports 472 Route 17A Florida, NY 10921 Phone: 845.651.0440 Fax: 845.651.0445 www.primosports.net

PrimoSports Basketball Shooting Class Player Registration

Childs Name _____ Phone _____ DOB _____ AGE _____

Parents Name _____ Emergency Contact _____

E-mail _____ Session _____ Age Group _____

Address _____

Street

City

State

Zip